



**NAS  
CHAMPIONS  
ARE TRUE  
ALL-STYLE  
CHAMPIONS**



**WE ALSO  
WELCOME JUDGES  
& REFEREES!  
APPLY NOW!**

- KARATE
- KUNG FU
- TAEKWONDO
- FREESTYLE
- KICKBOXING
- HAPKIDO
- NINJUTSU
- TANG SOO DO
- KEMPO
- ALL STYLES

- CREATIVE FORMS
- MALE & FEMALE
- JUNIORS
- POINT SPARRING
- CONTINUOUS SPARRING
- FORMS
- TEAMS
- DEMONSTRATIONS

**NEW RULES**

- Spining Head Kicks - 3pts*
- Head Kicks & Takedowns - 2pts*
- Punches & Body Kicks - 1pt*

**Date**

**7th March 2010**

**Time**

**Doors Open 7am, Registration 8am, Comp Starts 9.00am**

**Round**

**Round 1**

**Venue**

**Olympos, Triangle Way, Burgess Hill RH15 8WA**

- Open to all styles and associations
- Qualify for National Titles in Dec 2008
- Impartial Refereeing
- Excellent 1st, 2nd & 3rd place trophies
- A full report and photo session will be featured in Martial Arts Magazines

**Spectator Fees**

- Adults £7.00
- Children £4.00
- Families £18.00

**Contact:**

**Simon Burke** - UK Director  
**Phone:** 01403 281 317  
**Mobile:** 07710 693 362  
**Email:** simonburke\_nasuk@btinternet.com

**www.uknas.com**

# National All Styles Entry Form

## Groin Guards Compulsory

## Instep/Shin & Hand Protector Compulsory

## Mouth Guards Compulsory

Surname

First Name  Competitor No:

Address

Suburb  County  Postcode

Phone (H)  (B)  (M)

Sex M  F  DOB  /  /  Age  Weight  Current Rank

I am a member of organisation/style

Email

All details above must be filled out

NAS uses a KYU system for your rank, if you do NOT use a KYU system please use the following guide:

0-12 months training: 10th-8th KYU, 13-24 months training: 7th-6th KYU, 25-36 months training: 5th-4th KYU, 37-48 months training: 3rd-1st KYU, Over 4 years training: Black belt

Please tick box for each and every division you wish to enter.

### Forms

Traditional Forms From Club Syllabus

- Veteran's - Over 35 years M/F
- Male Black Belt Open
- Male Advanced (3rd Kyu to 1st Kyu)
- Male Intermediate (7th Kyu to 4th Kyu)
- Male Novice (10th Kyu to 8th Kyu)
- Female Black Belt Open
- Female Advanced (3rd Kyu to 1st Kyu)
- Female Intermediate (7th Kyu to 4th Kyu)
- Female Novice (10th Kyu to 8th Kyu)
- 16 - 17 years (5th Kyu to Black Belt) M/F
- 16 - 17 years (10th Kyu to 6th Kyu) M/F
- 14 - 15 years (5th Kyu to Black Belt) M/F
- 14 - 15 years (10th Kyu to 6th Kyu) M/F
- 12 - 13 years (5th Kyu to Black Belt) M/F
- 12 - 13 years (10th Kyu to 6th Kyu) M/F
- 10 - 11 years (5th Kyu to Black Belt) M/F
- 10 - 11 years (10th Kyu to 6th Kyu) M/F
- 8 - 9 years (5th Kyu to Black Belt) M/F
- 8 - 9 years (10th Kyu to 6th Kyu) M/F
- Pee Wee 7 years and Under M/F

### Points Sparring

- Veteran's - Over 35 years Male
- Veteran's - Over 35 years Female
- Male Black Belt Open
- Male Advanced (3rd Kyu to 1st Kyu)
- Male Intermediate (7th Kyu to 4th Kyu)
- Male Novice (10th Kyu to 8th Kyu)
- Female Black Belt Open
- Female Advanced (3rd Kyu to 1st Kyu)
- Female Intermediate (7th Kyu to 4th Kyu)
- Female Novice (10th Kyu to 8th Kyu)
- 16 - 17 years (5th Kyu to Black Belt) Male
- 16 - 17 years (5th Kyu to Black Belt) Female
- 16 - 17 years (10th Kyu to 6th Kyu) Male
- 16 - 17 years (10th Kyu to 6th Kyu) Female
- 14 - 15 years (5th Kyu to Black Belt) Male
- 14 - 15 years (5th Kyu to Black Belt) Female
- 14 - 15 years (10th Kyu to 6th Kyu) Male
- 14 - 15 years (10th Kyu to 6th Kyu) Female
- 12 - 13 years (5th Kyu to Black Belt) Male
- 12 - 13 years (5th Kyu to Black Belt) Female
- 12 - 13 years (10th Kyu to 6th Kyu) Male
- 12 - 13 years (10th Kyu to 6th Kyu) Female
- 10 - 11 years (5th Kyu to Black Belt) M/F

### Points Sparring

- 10 - 11 years (10th Kyu to 6th Kyu) M/F
- 8 - 9 years (5th Kyu to Black Belt) M/F
- 8 - 9 years (10th Kyu to 6th Kyu) M/F
- Pee Wee 7 years and Under M/F

### Demonstrations

- Senior Divisions - Open
- Junior Divisions - Up to 17 years
- Weaponry Senior - Open
- Weaponry Junior - Up to 17 years
- Creative Forms M/F

### Continuous Sparring

- Male Advanced (5th Kyu to Black Belt)
- Male Novice (10th Kyu to 6th Kyu)
- Female Advanced (5th Kyu to Black Belt)
- Female Novice (10th Kyu to 6th Kyu)
- 15 - 17 years Open Male
- 15 - 17 years Open Female
- 12 - 14 years Open Male
- 12 - 14 years Open Female
- 10 - 11 years Open M/F

Full Traditional Martial Art uniform to be worn (No Hakama except in Demonstrations)

### Declaration

- I, the undersigned in consideration of, and a condition of acceptance of my entry in the above event for myself, my heirs, executors and administrators, hereby waive all and any claims fight of cause or action, which I or they might otherwise have arisen out of any loss of life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry in the said event.
- This waiver, release and discharge shall be and operates separately in favour of all persons, corporations, and bodies involved or otherwise engaged in promoting or staging the event.
- I have read and understand the NAS rules and regulations.

Signature \_\_\_\_\_ Date: / / Parents Signature \_\_\_\_\_ Date: / / (if under 18)

This application form must be accompanied by entry fees. No exceptions.

### Entry Fees

	Unit Price	Total Price
1x Event	£15.00	£15.00
<input type="checkbox"/> x Additional Event	£10.00	£
<b>TOTAL</b>		£

Entry return date - 28th February 2010

Please Return Entry & Payment to...  
**21 South Street, Partridge Green,**  
**Horsham, West Sussex, RH13 8EL**  
 Mobile: 07710 693 362  
 Office: 01403 281 317